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April 4, 2013

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of our Spring Retreat ~ April 5,6 & 7 ~



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We are Beginning our New Life



Our beautiful planet Earth once had a beautiful aura until the darkness of the fighting, greed,

poverty and hunger began. Then, fear, anger, hate, grief, and revenge began to seep into Gaia's lower fourth-dimensional Astral Plane. Fortunately, the higher-frequency light streaming from the Galactic Center is flowing into our Sun, our Earth and our physical bodies.

Because of this light we are awakening to the Unity Consciousness of ONE Being with many different perceptions. This Unity Consciousness, which is quickly expanding into Planetary Consciousness, is assisting us to begin our new life as our fully awakened and aware Multidimensional SELF.

Furthermore, because the frequency of Earth is steadily rising, many of our expanded perceptions are coming online. These higher perceptions allow us to see through the third dimensional illusions and forge our path into the fifth dimensional expression of Gaia's Earth.

However, first we must use the healing force of our unconditional love to create a tunnel of light through the Lower Astral Plane. As we gather together, either via our consciousness on the Internet or together in a physical room, we can send our ever-expanding light into the darkness of the Lower Astral Plane to fill it with unconditional love.



As we clear the fear and darkness that has collected in Gaia's planet Earth due our human wars and dominations, we can safely cross into the Realm of Faerie. In Faerie, the fourth dimensional Elementals create lovely forms than lovingly interact with us, their humanoid visitors. The beings of Faerie instantly recognize our growing light and honor us as their special guest.

Time in Faerie is much faster than time on the Physical Plane. Thus we can stay there for what appears to be a lifetime. In fact, we can find mates, marry, have children and live to be old in what would minutes to our physical time. During our time in this beautiful reality we can perfect our clairaudience, clairvoyance, clairsentience, precognition and telekinesis.

With our new mastery of these multidimensional perceptions we can use our:

- Clairaudience to hear message from the many dimensions of Gaia's reality
- Clairvoyance to see the many sights and creatures of Gaia's many dimensions
- Clairsentience to sense/feel our way through the many versions of reality
- Precognition to perceive realities beyond what we formerly thought of as "time."
- Telekinesis to move objects with the mind, which will be necessary when we are wearing our fifth-dimensional body of light

Furthermore, as our consciousness expands into our new experiences of reality, we are becoming even more telepathic. Hence, words are not necessary in our higher dimensional communications. We are also becoming increasingly empathic and can more easily read each other's emotions.

In fact, our visit to Faerie is allowing our Multidimensional Consciousness to grow by leaps and bounds. Once we refresh our selves in the lovely Land of Faerie, we can easily move our consciousness through the higher sub-planes of the fourth dimension.



It is in the fourth dimensional Emotional Plane that we can master our ability to have deep empathy and compassion for other members on our planet. When we first find ourselves in this brightly colored world, we are overjoyed. Just as we had experienced in Faerie, we may seem to live a lifetime in the Emotional Plane before we feel an urge to explore our mental abilities in the fourth-dimensional Mental Plane.



In the Mental Plane we must monitor our thoughts because they quickly create "thought forms" that eventually manifest as matter in the physical world. Also, if we allow a negative or fearful thought to enter our consciousness, it is rushed down through the Emotional Plane and into the Lower Astral

to create a form.



After the fourth-dimensional Mental Plane, our consciousness enters the Causal Plane. In this sub-plane any energy that we radiate out into our environment is instantly returned to us in the same manner in which others have perceived it. If we become too tired or even mildly anxious, that same energy pattern quickly returns to its sender, but in a greatly amplified state. On the other hand, joy and love sent out returns to fill our hearts.



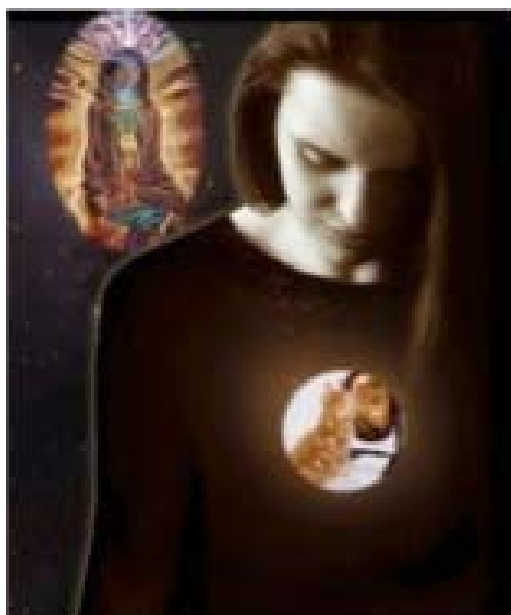
We then move into the Spiritual Plane and quickly experience the unconditional love of our "I AM Presence." Our I AM Presence is the expression of our Multidimensional SELF who guards the passageway into the fifth dimension. Our I Am Presence also assists to slip into our Lightbody. The love coming from this highest expression of our fourth-dimensional SELF comforts us after our long journey to the threshold of New Earth.

At last, we find ourselves at the threshold to New Earth. However, we are quite exhausted from our long journey through the fourth dimensions. Hence, we rest just a moment when we hear the voice of Arcturians:



Living In 2 Worlds

Symptoms of Transformation



Our Dear Ascending Ones,

We, the Arcturians would like to address the symptoms of transformation that many of our Earthling expressions are experiencing as you are expanding your consciousness into the fifth dimension. We call you our "Earthling expressions of self" just as you may call us your "Arcturian Expressions of SELF." For if we are a higher dimensional expression of YOU, than you are lower dimensional expressions of US.

This situation does not denote that we are superior to you, for we ARE you. There is no sense of hierarchy in our statement. Instead, we are merely stating that your consciousness has its primary focus on the physical reality of the third/fourth dimensions, whereas our consciousness has its primary focus on the formless dimensions of the eight through tenth dimension. In both cases, it is not a matter of deserving or rank. It is, instead, a matter of choice.

You, our Earthling expressions, are choosing to increasingly shift your attention away from your physical expression and more into your higher dimensional expressions. And we, your Higher Expressions, have been increasingly shifting our attention into the fourth and fifth dimensions to assist our Ascending Ones. Some of you will simply exit your form and return to your formless self. However, others have a dedication to assisting other humans as well as the planetary body of Gaia.

Those of you who have made this commitment are in the process of transmuting your third/fourth dimensional form into your fifth dimensional expression of SELF. It is because of this process that you will likely experience symptoms of transformation. You are experiencing these symptoms because the download and integration of your new Multidimensional Operating System and the consequential opening of your Third Eye is turning ON new codes of DNA in your biological computer/brain.

First off, your brain is regaining its former capacitance and you are being re-programmed so that you can have usable access to a larger percentage of your brain. Furthermore, your corpus callosum is reversing its function. Before your corpus callosum separated the masculine and feminine areas of the brain so that your reasoning and intuition remained in different camps.

Now the corpus callosum is being reprogrammed so that it functions as a bridge which connects the right, feminine and left, masculine areas of your brain to such a degree that you actually creating a new brain. Whereas the old brain functioned from the Separation Principle of Either-Or, your new brain functions from the Unity Principle of Both-Always.

In fact, not only are the masculine and feminine hemispheres now unifying, they are being integrating into each other by the neurons that synapse back and forth across the corpus callosum at the speed of thought.

The masculine/feminine, thought/emotions, logical-sequential/holistic functions of polarity are being united within the center point. Hence:

- Masculine and Feminine are becoming androgynous
- Thoughts and Emotions are becoming consciousness
- Sequential and Holistic are becoming perceptions

Without the effort of having to compare and contrast polarities, the cognitive "in-between" is connecting the two polarities into the "Infinite Unity."

Finding the center flow in your brain assists you to find the Center Flow of the Galactic Center, into which you are now moving. Within this Center Flow is a tunnel of protection, much like our Arcturian Corridor. This protective Center Flow emanates the FEEL of unconditional love into your High Heart and is perceived by your Third Eye as multidimensional light.

As your Third Eye and High Heart combine their messages of love and light your Divine Creative Force is activated. It is the combination of your thoughts, carefully selected by your intention and attention, in unison with your unconditional love, as received from your High Heart that ignites the Divine Creation of your "Spirit into Matter" Lightbody.

Whereas your physical body is more matter and less spirit, your Lightbody is more spirit and less matter. In fact, your Lightbody begins you transmutation from matter back to you innate form of Spirit. As you ground your the higher frequencies of light streaming from the Galactic Center into Gaia's body of planet Earth, you are plugging in the process of personal and planetary transmutation.

The humans, who are the Keepers of the Land, have volunteered to ground this expanding transmuting force into the earth, whereas the Cetaceans have volunteered to ground this force in the water. Once grounded, these higher frequencies of Light replicate to create a body that has more light and less matter.

This expansion of light is greatly facilitated by the fact that Gaia's planetary body is basking in the multidimensional light and unconditional love flowing from the core of the Galaxy. In this manner, the Flow from the higher dimensions is grounded into the physical plane with your in-breath, and you are sharing it with all life via your out-breath.

As the higher dimensional spirit/energy is integrated into the lower dimensional matter/form, the frequency of the form begins to transmute. There are components of your consciousness, body and life that will need to be released for they are too dense to transmute. In the same manner, areas of Gaia's body are too dense to transmute and will have to be released.

This process of releasing density is the core of the process of transmutation of matter back into its higher frequency of expression of Spirit.

Furthermore, this transmutation will involve every area of personal and planetary life, whether it is an insect, a plant, an animal, a person, a planet, a solar system or a Galaxy.

The leaves of the bud that holds the flower dies so that the flower blooms.

The flower that holds the seed dies so that the seed can become a fruit.

The fruit falls upon the ground and dies so that its inner seeds can be released into the earth to birth a new tree.

Death is just another word for transmutation.

The earth vessel that you have worn is to be replaced with a light vessel. The tree (the Tree of Life) represents your consciousness, which is forever repeating itself in different planets, times paces, parallel realities, solar system, galaxies and dimensions. The tree never dies, as it has created so many versions of itself that one version is in form somewhere, in some time and in some form of manifestation.

However, the tree may decide that it wants to return to the overview (higher dimensions) so that it can observe all its manifestation within the perspective of the ONE. In this case, consciousness

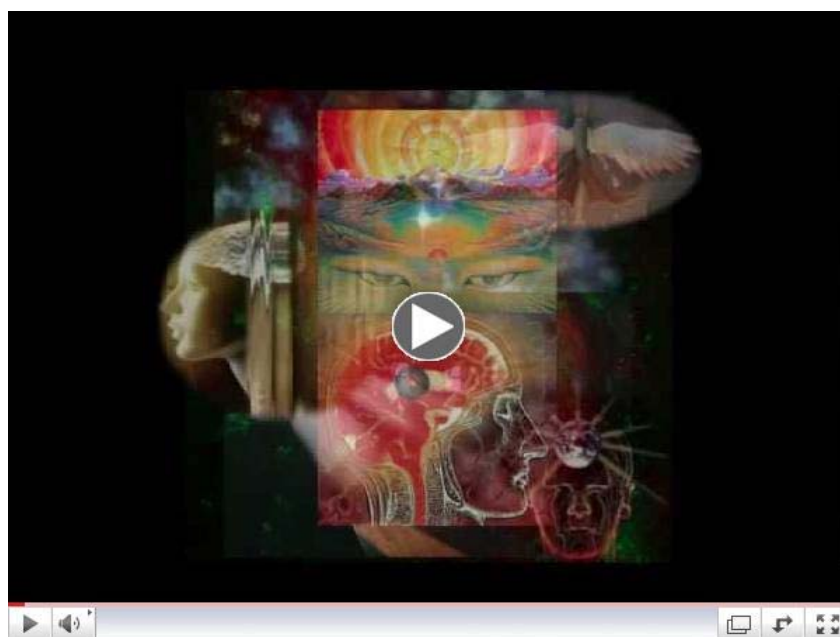
returns to its Source to view all of its creations and collect them into its ONE consciousness.

Meanwhile, the human brain is one of the many creations that is preparing to leave duality and exist in the realm of unity. To accomplish this, the Mystical Marriage of masculine and feminine must be sealed in Light so that their child of love - Lightbody-can begin to expand beyond its cocoon of the physical earth vessel.

As the gender-based version of the brain begins to merge into ONE Biological Computer, the DNA codes turn ON the system of ones and zeros to create the "seed of ascension," which will replicate itself into the higher resonance of consciousness to match the higher frequency of your Lightbody.

As the higher light from the Galactic Center enters your Crown, your earth vessel accepts, grounds, and integrates the higher multidimensional energy into your physical earth vessel. It is at this point that the symptoms of transformation escalate as the higher light flushes out the lower frequency thoughts, emotions, memories, and physical toxins.

In this manner, your earth vessel becomes LIGHT enough to begin its transmutation from the dense, physical body you have been wearing into the higher frequency form of your Lightbody. However, the Symptoms of Transmutation can be quite uncomfortable.



Arcturians Explain Ascension Symptoms



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<http://www.youtube.com/user/suzannelie>

<http://www.multidimensions.com/TheVision/meditationdownloads.html>

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